Gambling Addiction
Help Directory
Nova Scotia 2000

106-0 5698 /

Gambling Addiction Help Directory

Nova Scotia 2000

In its 1998 Annual Report, the Alcohol and Gaming Authority recommended a booklet be made available to the general public containing a listing of front-line service providers who can help people who feel they may have a gambling addiction problem.

This booklet divides the province into four regions, each containing an easy-to-follow chart listing the providers and the services they offer. Blanketing these providers is the government-sponsored toll-free 'Help Line', which operates 24 hours a day, 7 days a week to offer assistance to those who call.

Every effort has been made by the Authority to make the listings which follow as complete as possible. As additional providers become known to the Authority, they will appear in subsequent printings of this booklet.

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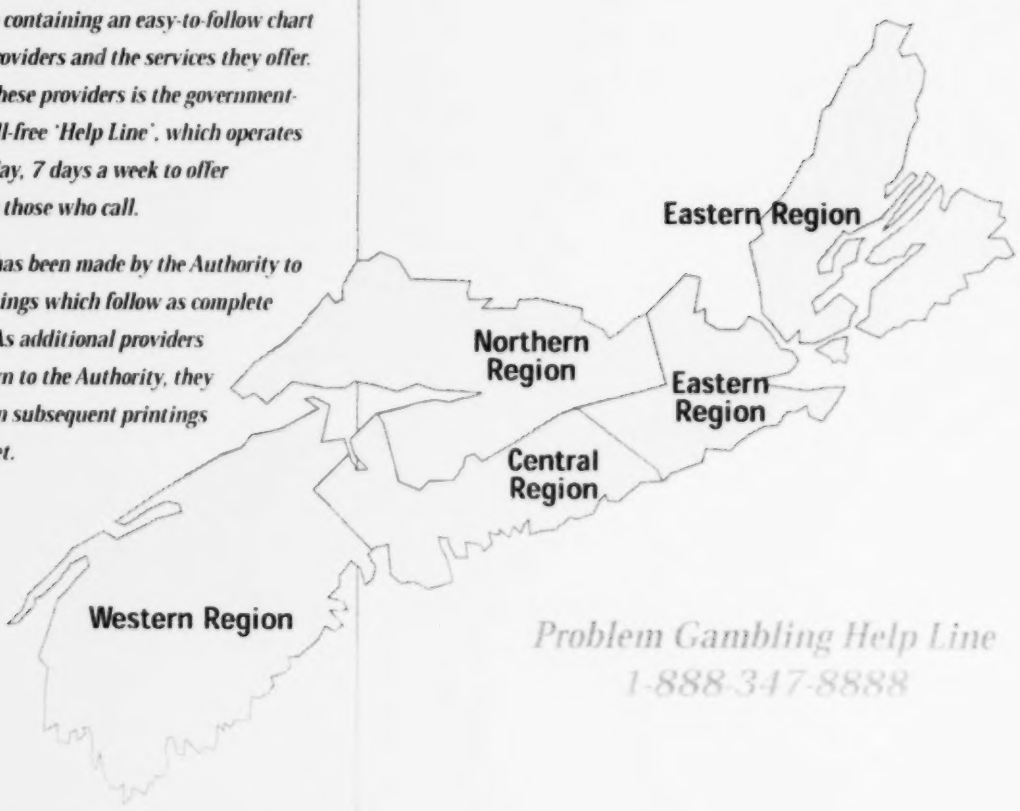


Problem Gambling Help Line
1-888-347-8888

Nova Scotia's Problem Gambling Services

Objective To provide planning, funding, and administration within a public/private partnering model for projects and services for information, prevention, treatment, and research in the area of problem gambling.

Address
P.O. Box 488
Halifax, NS
B3J 2R8

Contact
Fax: (902) 424-0550
E-mail: www.gov.ns.ca/heal/gambling
www.gov.ns.ca/heal/gambling

See back cover for details on how to obtain a free copy of "Romancing the Odds" (a 40-minute video about problem gambling).

PROBLEM GAMBLING HELP LINE – CHC ATLANTIC

Objective To provide professional clinical/telephone counselling to problem gamblers and those affected by problem gambling. We also want to provide follow up contacts, referrals to other appropriate resources, and literature.

Activities Service extends to the entire province of Nova Scotia via 1-888-NUMBER. We provide counselling to youth who are experiencing gambling problems, telephone and clinical counselling to problem gamblers and families, referral services, literature and other support material, and community resources (i.e., GA, Gam-A-Non, and related contact people).

Mon - Sun: Open 8:00 am - 11:30 pm
Sat - Sun: On call 11:30 pm - 8:00 am

Address
Suite 101
401 Esplanade
Sydney, NS
B1P 1B2

Contact
Phone: 1-888-347-8888
TTY: 1-888-347-3331
Fax: (902) 564-2771

www3.ns.sympatico.ca/gamblinghelp.line

GAMBLERS ANONYMOUS

Objective To provide support and information to people with gambling problems.

Activities We follow a 12 step program similar to Alcoholics Anonymous. Meetings are open to anyone admitting to a gambling problem. Meetings are held in various locations within the province and there are regularly scheduled open meetings. To find out more about meeting schedules in your area telephone the Problem Gambling Helpline at 1-888-347-8888. E-mail: gamblernomore@hotmail.com

GAM-A-NON

Objective To offer assistance to family and friends of people with a gambling addiction.

Activities We offer a 12-step self-help group for family and friends of people with a gambling addiction. To find out more about meeting schedules in your area telephone the Problem Gambling Helpline at 1-888-347-8888.

Central Region
Organizations

	Full Time Counsellors	Dedicated 24 Hour Help Line	Daily Help Line	Problem Gambling Literature	Problem Gambling Video	GA Meetings	Gam-A-Non Family Assistance	Gov. Funded/Regionally Operated	Internet Services	Fax Systems	ITY Number	Youth Support Program
Choices Adolescent Treatment Programs	★			★	★			★	★	★		★
Drug Dependency Services (DDS) Central Region	★	★	★	★	★	★	★	★		★	★	★
Halifax – Counselling and Community Support Services, DDS	★		★	★	★			★		★		
Middle Musquodoboit – Counselling and Community Support Services, DDS												
Musquodoboit Harbour – Counselling and Community Support Services, DDS	P/T			★	★			★				
Sackville – Counselling and Community Support Services, DDS												
Sheet Harbour – Counselling and Community Support Services, DDS	P/T			★	★			★				
Spryfield – Counselling and Community Support Services, DDS												
Windsor – Counselling and Community Support Services, DDS	★	★		★	★	★						
Other Services in the Central Region (Independent of CRHB Addiction Services Programs)												
Addiction Rehabilitation Centre Formation Health Services Halifax	★	★	★	★	★			★	★	★		
Alcare Place	★		★	★	★				★	★		
Brain Injury Association of Nova Scotia			★						★	★		★
Compulsive and Program Gamblers Society (Douglas Murphy Outreach Center)	★		★	★	★	★		★		★		
Freedom Foundation of Nova Scotia	★	★	★	★	★	★	★	★	★	★		
Norman Bennett		★	★	★	★							
VOLTS		★	★	★					★			★

CHOICES ADOLESCENT TREATMENT PROGRAMS

Objective To provide treatment service to adolescents experiencing problems associated with drug and alcohol use.

Activities We offer outpatient services, residential services, and day treatment programs.

Hours of Operation

Mon: Open 8:30 am - 4:30 pm
Tue: Open 8:30 am - 8:00 pm
Wed: Open 8:30 am - 4:30 pm
Thu: Open 8:30 am - 8:00 pm

Youth support groups open to age groups 13 to 19 are held 6:15 pm - 7:30 pm.

Fri: Open 8:30 am - 4:30 pm

Address
PO Box 896
300 Pleasant St.
Dartmouth, NS
B2Y 3Z6

Contact
Phone: (902) 424-4422
Fax: (902) 424-0374

DRUG DEPENDENCY SERVICES CENTRAL REGIONAL HEALTH BOARD

Objective To assist individuals, families, and communities to prevent and/or serve those with problems in alcohol, drug, or gambling use.

Activities We offer a CORE program, one-to-one counselling, family evening groups, and Therapeutic Counselling groups.

See CORE schedule to find out about the monthly Gambling Information sessions and Exploring the Gambling Experience Workshops. Also, contact CORE to find out more about the Gambling Relapse & Slip Prevention Workshop (GRASP). Individuals are encouraged to attend an Orientation to CORE on Tuesday or Thursday mornings from 9:00 am to 12:00 pm.

Individual and family counselling is available at satellite offices located throughout the Halifax Regional Municipality. Call 424-5623 for more information.

Hours of Operation

Mon - Fri: Open 8:30 am - 9:30 pm

Wed: Hold a Gambling Education Group 1:15 pm - 3:00 pm

Thu: Hold Counselling Group for Gamblers 2:45 pm - 4:00 pm

Hold Gambling Therapeutic Group 7:00 pm - 8:30 pm

Address
P.O. Box 896
300 Pleasant St.
Dartmouth, NS
B2Y 3Z6

Contact
Phone: (902) 424-5623
Fax: (902) 424-0627
www.crhb.ns.ca

HALIFAX – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective: Offering counselling and support for individuals, families, couples, groups and communities to create healthy lifestyle changes. We are a community based service.

Activities: We offer individual, family, couple and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs and/or gambling.

Hours of Operation

Mon - Fri: Open 8:30 am - 4:30 pm

Mon: Gambling Therapeutic Group is held 3:00 pm - 4:30 pm

Address
1673 Bedford Row
Halifax, NS
B3J 1T1

Contact
Phone: (902) 424-5920
Fax: (902) 424-4890
E-mail:
a.hunt@counselingsupport.ns.ca

MIDDLE MUSQUODOBOIT – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective: Offering counselling and support for individuals, families, couples, groups, and communities to create healthy lifestyle changes. We are a community based service.

Activities: We offer individual, family, couple, and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs, and/or gambling.

Hours of Operation

Operation Closed

Address

Musquodoboit Valley Memorial Hospital
RR#2 Middle Musquodoboit, NS
B0N 1X0

Contact

Phone:

MUSQUODOBOIT HARBOUR – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective: Offering counselling and support for individuals, families, couples, groups, and communities to create healthy lifestyle changes. We are a community based service.

Activities: We offer individual, family, couple, and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs, and/or gambling.

Hours of Operation

Tue: Open 8:30 am - 4:30 pm

Address
Twin Oaks Memorial Hospital
Musquodoboit Harbour
Halifax County, NS
B0J 2L0

Contact
Phone: (902) 889-3430

SACKVILLE – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective: Offering counselling and support for individuals, families, couples, groups, and communities to create healthy lifestyle changes. We are a community based service.

Activities: We offer individual, family, couple, and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs, and/or gambling.

Hours of Operation

Mon - Fri: Open 8:30 am - 4:30 pm

Thu: Hold Gambling Therapeutic Group 7:00 pm - 8:30 pm (meeting held at the Counselling and Community Support Services Office Rm 105)

Address
Cobequid Multi-Service Centre
70 Memory Lane
Lower Sackville, NS
B4C 2J3

Contact
Phone: (902) 865-5750
Fax: (902) 865-4816

SHEET HARBOUR – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective **Offering counselling and support for individuals, families, couples, groups, and communities to create healthy lifestyle changes. We are a community based service.**

Activities **We offer individual, family, couple, and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs, and/or gambling.**

Address
Eastern Shore Memorial Hospital
General Delivery
Sheet Harbour, NS
B0J 2B0

Contact
Phone: (902) 885-2243

SPRYFIELD – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective **Offering counselling and support for individuals, families, couples, groups, and communities to create healthy lifestyle changes. We are a community based service.**

Activities **We offer individual, family, couple, and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs, and/or gambling.**

Hours of Operation
Mon - Fri: Open 8:30 am - 4:30 pm

Address
Captain William Spry Centre
10 Kidston Road
Halifax, NS
B3K 2J7

Contact
Phone: (902) 479-4494
Fax: (902) 479-1177
E-mail: g.power@counselingsupport.ns.ca

WINDSOR – COUNSELLING AND COMMUNITY SUPPORT SERVICES, DRUG DEPENDENCY SERVICES

Objective **Offering counselling and support for individuals, families, couples, groups, and communities to create healthy lifestyle changes. We are a community based service.**

Activities **We offer individual, family, couple, and group counselling to adults and their families who have been affected by their own or others' harmful involvement with alcohol, other drugs, and/or gambling.**

Hours of Operation
Mon: Open 8:30 am - 4:30 pm
Tue: Open 8:30 am - 4:30 pm

Gambling Therapeutic Group held 7:00 pm - 8:30 pm (meeting is being held on the 2nd floor, Room C)

Thu: Open 8:30 am - 4:30 pm

Address
Hants Community Hospital
Windsor, NS
B0N 2T0

Contact
Phone: (902) 792-2021
Fax: (902) 798-6002

Other Services in the Central Region

(These organizations are independent of the Addiction Services program of the Central Region)

ADDICTION REHABILITATION CENTRE FORMATION HEALTH SERVICES HALIFAX

Objective: Provide assessment treatment and follow up services to Canadian Forces, Royal Canadian Mounted Police, and contracted civilian organizations.

Activities: We offer a 28 day inpatient treatment program, and a 10 week couples in recovery program.

Hours of Operation

Mon - Fri: Open 7:30 am - 3:30 pm

Tue: By appointment only - Couple recovery groups are held 6:30 pm - 9:30 pm

We are also open some evenings.

Address
PO Box 99000
Stn Forces
CFB Halifax
Halifax, NS
B3K 5X5

Contact
Phone: (902) 427-8606
Fax: (902) 427-0309
www.netcom.ca/~jwhelan/alcohol.html

ALCARE PLACE

Objective: Residential Recovery House

Activities: In-house living skills and recovery programs.

Hours of Operation

Mon - Fri: Open 9:00 am - 4:00 pm
Mon: Hold in-house meetings at 8:30 pm
Wed: Hold in-house meetings at 8:30 pm

Address
1374 Robie St.
Halifax, NS
B3H 3E2

Contact
Phone: (902) 423-9565
Fax: (902) 423-7348
E-mail: alcare@ns.sympatico.ca
www3.ns.sympatico.ca/alcare

BRAIN INJURY ASSOCIATION OF NOVA SCOTIA

Objective: To provide support for people with brain injuries and their families. We will provide counselling to those who have a gambling problem as a result of a brain injury.

Activities: Holds peer support groups, memory book programs, counselling and referrals, and prevention programs. We also have seven organized chapters throughout the province (run by volunteers). For more information call (902) 473-7301.

Hours of Operation

Mon - Fri: Open 9:00 am - 5:00 pm

Address
P.O. Box 8804
Halifax, NS
B3K 5M4

Contact
Phone: (902) 473-7301
Fax: (902) 473-7302
E-mail: bians1@ns.sympatico.ca
www3.ns.sympatico.ca/bians1

COMPULSIVE AND PROBLEM GAMBLERS SOCIETY (DOUGLAS MURPHY OUTREACH CENTER)

Objective: To help the compulsive and problem gambler on a road to recovery.

Activities: Gambling discussion groups, individual counselling, NA, GA, 12 step meetings, and financial problem support.

Hours of Operation

Mon - Fri: Open 9:00 am - 9:00 pm

Mon: Gambling discussion groups are held 7:00 pm - 8:30 pm

Tue: Shared Parenting meetings are held 7:00 pm - 9:00 pm

Wed: GA meetings are held 8:00 pm - 9:00 pm

Thu: GA meetings are held 7:00 pm - 9:00 pm

Address
2732 Robie St.
Halifax, NS
B3K 4P2

Contact
Phone: (902) 454-6687
Fax: (902) 454-5625
E-mail: cmurphy@hfx.andara.com
gnaugler@hfx.andara.com

FREEDOM FOUNDATION OF NOVA SCOTIA

Objective: Operates a transition home for adult males recovering from the abuse of alcohol, drugs, and gambling. Guidance in life skills, treatment programs, and education needs.

Hours of Operation

Mon - Sun: Open 24 hours a day

Mon: In house meetings are held
9:00 am - 10:00 am

Tue - Thu: In house meetings are held
9:00 am - 10:00 am and
6:00 pm - 7:00 pm

Fri: In house meetings are held
9:00 am - 10:00 am

Address
P.O. Box 23027
SC RPO
Dartmouth, NS
B3A 1N7

Contact
Phone: (902) 466-0299
Fax: (902) 461-9505
E-mail: freedom@supercity.ns.ca
www.supercity.ns.ca/~freedom

NORMAN BENNETT

Objective: To provide assistance to problem gamblers.

Activities: One-on-one and group discussions.

Mon - Sun: Available 24 hours a day

Address
General Delivery
1552 King Street
Windsor, NS
B0N 2T0

Contact
Phone : (902) 798-8089
E-mail: n.bennett@ns.sympatico.ca

VOLTS

Objective: To prevent pathological gambling.

Activities: General meetings.

If you wish to volunteer please phone (902) 443-8050.

Address
218 Bedford Hwy
Apt. #13
Halifax, NS
B3M 2K3

Contact
Phone : (902) 443-8050
www.voltsocety.org

Eastern Region
Organizations

	Full Time Counsellor	Dedicated 24 Hour Help Line	Basic Help Line	Problem Gambling Literature	Problem Gambling Video	GA Meetings	Gam-A-Non Family Assistance	Gov Funded Regionally Operated	Internet Services	Fax Systems	TTY Number	Youth Support Program
Addiction Services 115 Alexandra Street, Sydney NS				★	★			★		★		
Addiction Services Antigonish Clinic	★			★	★			★		★		
Addiction Services Cape Breton Regional Hospital, Sydney	★			★	★			★		★		
Addiction Services Guysborough Clinic	★			★	★			★				
Addiction Services North Sydney Clinic	★			★	★			★				★
Addiction Services Strait Richmond Hospital, RR #1 Cleveland	★			★	★				★	★		★
Addiction Services Sydney Clinic	★			★	★			★		★		★
Addiction Services Victoria County Clinic	★			★	★			★				
Baddeck Addiction Services Clinic	P/T			★	★			★				★
Cheticamp Addiction Services Clinic	P/T			★	★			★		★		
Glace Bay Addiction Services Clinic	★			★	★			★				
Inverness Addiction Services Clinic	P/T			★	★			★				
New Waterford Hospital (Addiction Services Clinic)	P/T			★	★			★				
Port Hawkesbury Addiction Services Clinic	★			★	★			★		★		
Other Services in the Eastern Region (Independent of CRHB Addiction Services Programs)												
Native Alcohol & Drug Abuse Counselling Assoc. of NS	★		★	★	★			★		★		★
Recovery House	★	★	★	★	★	★	★	★		★		
Talbot House	★			★	★			★		★		

ADDICTION SERVICES 115 ALEXANDRA STREET, SYDNEY, NS

Objective: **Provide full range of addiction, treatment, and prevention services to individuals, families, and communities that promote alcohol, drug, and gambling dependency free lifestyles for Nova Scotians.**

Activities: **Offers a comprehensive range of treatment and educational services for individuals, families, and communities including:**

Mon - Fri: **Prevention & Community Education services available**

8:30 am - 4:30 pm
(evenings and weekends upon request)

Short Term Residential Program:

Phase I: **21 day duration (Residential or Non-residential)**

Phase II: **3-4 month duration (Residential)**

Address: **115 Alexandra St.**
PO Box 640
Sydney, NS
B1P 6H7

Contact: Phone: **(902) 563-2050 or (902) 563-2060**
Fax: **(902) 563-2059**
E-mail: **jchurney@addictionservices.ns.ca**

ADDICTION SERVICES ANTIGONISH CLINIC

Objective: **To provide addiction and treatment services to individuals, families, and communities that promote alcohol, drug, and gambling dependency free lifestyles for Nova Scotians.**

Activities: **Offer individual counselling and life process groups.**

Hours of Operation:

Mon - Fri: **Open 8:30 am - 4:30 pm**

Fri: **Gambling Specialist available 8:30 am - 4:30 pm**

Mon - Fri: **Prevention & Community Education services available**

8:30 am - 4:30 pm
(evenings and weekends upon request)

Address: **25 Bay St., 2nd Fl.**
Antigonish, NS
B2G 2G7

Contact: Phone: **(902) 863-5393**
Fax: **(902) 863-0116**
E-mail: **jackie@addictionservices.ns.ca**
www.addictionservices.ns.ca

ADDICTION SERVICES CAPE BRETON REGIONAL HOSPITAL, SYDNEY

Objective: **To provide a full range of addiction, treatment, and prevention services to individuals, families, and communities and, in so doing, promote alcohol, drug, and gambling dependency free lifestyles for Nova Scotians.**

Activities: **Safe, effective, and therapeutic withdrawal management, addictions education and counselling, dependency assessments, and discharge planning and referrals. Inpatient resource for gamblers in crisis.**

Hours of Operation:

Mon - Sun: **Open 24 hours a day**

Mon - Sun: **Detoxification/Withdrawal services available 24 hours a day**

Prevention & Community Education services available upon request

Address: **1482 George St.**
Level 1
Sydney, NS
B1P 1P9

Contact: Phone: **(902) 563-2040**
Fax: **(902) 563-2049**
E-mail: **bmcneil@addictionservices.ns.ca**
www.addictionservices.ns.ca

ADDICTION SERVICES GUYSBOROUGH CLINIC

Objective: **To provide addiction and treatment services to individuals, families, and communities that promote alcohol, drug, and gambling dependency free lifestyles for Nova Scotians.**

Activities: **Offer individual and group counselling. We also provide home visits.**

Hours of Operation:

Wed: **Community health worker available 8:30 am - 4:30 pm**

Prevention & Community Education services available upon request

Address: **Guysborough Memorial Hospital**
Guysborough, NS
B0H 1N0

Contact: **(902) 533-2053 or (902) 863-5393**
www.addictionservices.ns.ca

ADDICTION SERVICES NORTH SYDNEY CLINIC

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities We offer individual and group counselling.

Hours of Operation

Mon: Clinical Therapist available 9:00 am - 4:30 pm

Tue: Community Health Worker available 9:00 am - 4:30 pm

Wed: Clinical Therapist available 9:00 am - 12:00 pm

Thu: Community Health Worker available 9:00 am - 4:30 pm

Fri: Community Health Worker available 9:00 am - 4:30 pm

Prevention & Community Education services available upon request

Address
Northside General Hospital
520 Purves St.
North Sydney, NS
B2A 1E8

Contact
Phone: (902) 794-7631
www.addictionservices.ns.ca

ADDICTION SERVICES STRAIT RICHMOND HOSPITAL, RR#1 CLEVELAND

Objective To provide a full range of addiction, treatment, and prevention services to individuals, families, and communities and, in so doing, promote alcohol, drug, and gambling dependency-free lifestyles for Nova Scotians.

Activities Safe, effective, and therapeutic withdrawal management, addictions education and counselling, dependency assessments, and discharge planning and referrals. Inpatient resource for gamblers in crisis.

Hours of Operation

Mon - Sun: Open 24 hours a day

Mon - Sun: Detoxification/withdrawal services available 24 hours a day

Prevention & Community Education services available upon request

Address
138 Hospital Road
RR#1 Cleveland
Richmond County
NS, B0E 1J0

Contact
Phone: (902) 625-3230
Fax: (902) 625-3984
E-mail: mbabin@addictionservices.ns.ca
www.addictionservices.ns.ca

ADDICTION SERVICES SYDNEY CLINIC

Objective Provide full range of programs to meet addiction needs of individuals and their families.

Activities We offer individual and group meetings. We also have a youth support program for all addictions. Please call for more information.

Hours of Operation

Mon - Fri: Open 8:30 am - 5:00 pm

Prevention & Community Education services available upon request

Gambling Specialist – available by appointment

Address
500 George Place
Suite 209
Sydney, NS
B1P 1K6

Contact
Phone: (902) 563-2550 or (902) 563-2590
Fax: (902) 563-3608
www.addictionservices.ns.ca

ADDICTION SERVICES VICTORIA COUNTY CLINIC

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities Offer individual and group counselling as defined by needs.

Hours of Operation

Wed: Community health worker available 9:00 am - 4:30 pm

Prevention & Community Education services available upon request

Clinical Therapist – available by appointment

Address
Buchanan Memorial Hospital
PO Box 100, Ingonish Beach
Victoria County, NS
B0C 1L0

Contact
Phone: (902) 336-2404
www.addictionservices.ns.ca

BADDECK ADDICTION SERVICES CLINIC

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities Individual and group counselling is provided to clients as needed.

Hours of Operation

Wed: Community health worker available
9:00 am - 4:30 pm

Prevention & Community Education services available upon request

Clinical Therapist – available by appointment

Address

Victoria Memorial Hospital
PO Box 25
RR#3 Baddeck
Victoria County, NS
B0E 1B0

Contact

Phone: (902) 295-2112 ext. 232
www.addictionservices.ns.ca

CHETICAMP ADDICTION SERVICES CLINIC

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities Individual and group counselling is provided to clients as needed.

Hours of Operation

Mon: Community health worker available
9:00 am - 4:30 pm

Tue: Community health worker available
9:00 am - 4:30 pm

Prevention & Community Education services available upon request

Address

Sacred Heart Hospital
PO Box 129
Main Street
Cheticamp, NS
B0E 1H0

Contact

Phone: (902) 862-2945
www.addictionservices.ns.ca

GLACE BAY ADDICTION SERVICES CLINIC

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities We offer individual and group counselling.

Hours of Operation

Mon & Tue: Community health worker available
9:00 am - 4:30 pm

Wed & Fri: Clinical Therapist available
9:00 am - 4:30 pm

Thu: Clinical Therapist available
1:00 pm - 4:30 pm

Prevention & Community Education services available upon request

Address

2nd Floor, Senators Place
633 Main St.
Glace Bay, NS
B1A 4X9

Contact

Phone: (902) 842-4066
www.addictionservices.ns.ca

INVERNESS ADDICTION SERVICES CLINIC

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities Individual and group counselling is provided to clients as needed.

Hours of Operation

Thu- Fri: Community Health Worker available
9:00 am - 4:30 pm

Prevention & Community Education services available upon request

Address

PO Box 521
Inverness, NS
B0E 1N0

Contact

Phone: (902) 258-3300

NEW WATERFORD HOSPITAL (ADDICTION SERVICES CLINIC)

Objective To provide a full range of programs to meet addiction needs for individuals and their families.

Activities Individual and group counselling is provided to clients as needed.

Hours of Operation

Mon: Clinical Therapist available 9:00 am - 12:00 pm

Tue: Clinical Therapist available 1:00 pm - 4:30 pm

Thu - Fri: Community Health Worker available 9:00 am - 4:30 pm

Prevention & Community Education services available upon request

Address
New Waterford, NS
B1H 4N9

Contact
Phone: (902) 862-2945
www.addictionservices.ns.ca

PORT HAWKESBURY ADDICTION SERVICES CLINIC

Objective To provide addiction and treatment services to individuals, families and communities that promote alcohol, drug, and gambling dependency-free lifestyles for Nova Scotians.

Activities Offer one-on-one counselling, family sessions, group education programs, assessments, crisis intakes, house calls and treatment development plans.

Hours of Operation

Mon - Fri: Open 8:30 am - 4:30 pm

Mon - Sun: Offer an after-hour help line

Prevention & Community Education services available upon request

Address
708 Reeves St.
Port Hawkesbury
NS B0E 2V0

Contact
Phone: (902) 625-3230 or (902) 625-2363
Fax: (902) 625-4091
E-mail: zonda@addictionservices.ns.ca
www.addictionservices.ns.ca

(These organizations are independent of the Addiction Services program of the Eastern Region)

NATIVE ALCOHOL & DRUG ABUSE COUNSELLING ASSOC. OF NS

Objective To provide ongoing counselling services to clients experiencing personal and social problems with alcohol, drugs, prescription drugs, solvents, gambling, and addictions related to family problems.

Activities We offer an educational youth program, post-traumatic stress crisis team, peer counsellors. We also have thirteen bands located throughout the province. For more information call (902) 379-2267.

Hours of Operation

Mon - Fri: Open 8:30 am - 4:00 pm

Address	Contact
70 Gabriel St.	Phone: (902) 379-2267
Eskasoni, NS	Fax: (902) 379-2412
B0A 1J0	E-mail: nadaca@istar.ca

RECOVERY HOUSE

Objective To have a client live a sober and addiction-free life.

Activities A 28-day program. We also provide individual counselling, self-help groups, and lectures.

Hours of Operation

Mon - Fri:	Open 24 hours a day
Wed:	GA and Gam-A-Non meetings are held 8:30 pm - 9:30 pm
Fri:	Gambling Peer Group meetings are held – please call for more details

Address	Contact
23 Bay St., 4th Fl.	Phone: (902) 863-5661
Antigonish, NS	Fax: (902) 863-4077
B2G 2G7	

TALBOT HOUSE

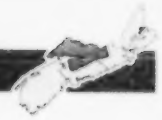
Objective To provide a clean, healthy, and respectful residential facility for men who seek recovery from their addiction to alcohol, drugs, and gambling.

Activities Include assessment, referral, counselling, group sessions, AA involvement, and participation in "cottage industries."

Address	Contact
Frenchvale	Phone: (902) 794-2852
RR #2	Fax: (902) 794-1674
North Sydney, NS	
B2A 3L8	

Northern Region
Organizations

	Full Time Counsellors	Dedicated 24 Hour Help Line	Daily Help Line	Problem Gambling Literature	Problem Gambling Video	GA Meetings	Gam-A-Non Family Assistance	Gov Funded/Regionally Operated	Internet Services	Fax Systems	TTY Number	Youth Support Program
Addiction Services Amherst	★		★	★	★			★	★	★		★
Addiction Services Cobequid	★	★	★	★	★			★	★	★		
Addiction Services New Glasgow	★		★	★	★			★	★	★		
Addiction Services Northern Regional Health Board (Pictou)	★	★	★	★	★	★		★	★	★		
Addiction Services Truro	★		★	★	★			★	★	★		
Other Services in the Northern Region (independent of NRHB Addiction Services Programs)												
Hope Farm	★	★	★	★		★		★		★		



ADDICTION SERVICES NORTHERN REGIONAL HEALTH BOARD, PICTOU

Objective To provide service to individual groups affected by substance, gambling, or other possible addiction.

Activities Offer a 24-hour detox service, outpatient appointments, gambling therapy groups, inpatient treatment, and a seven-day education program.

Hours of Operation

Mon - Fri: Outpatient office is open 8:30 am - 4:30 pm

Mon - Sun: Offer 24-hour detox service

Mon: Hold gambling therapy group 7:00 pm - 9:00 pm at the Aberdeen Professional Center in New Glasgow

Address
PO Box 359
199 Elliott St.
Pictou, NS
B0K 1H0

Contact
Phone: (902) 485-4335
Fax: (902) 485-7026

ADDICTION SERVICES AMHERST

Objective Provide specialized addiction, prevention, and treatment services to individuals, families, and communities.

Activities After care, community partnerships, and support services such as prevention/education and information services).

Hours of Operation

Mon - Fri: Open 8:30 am - 4:30 pm

Address
18 South Albion St.
Amherst, NS
B4H 2W3

Contact
Phone: (902) 667-7094
Fax: (902) 667-6271

ADDICTION SERVICES COBEQUID

Objective To provide treatment, education, and referral services to people affected by addictions.

Activities Offer a 24-hour detox service, outpatient appointments, inpatient treatment, and a seven-day education program.

Hours of Operation

Mon - Fri: Outpatient office is open 8:30 am - 4:30 pm

Mon - Sun: Offer 24-hour detox service

Address
10 Princess St.
Springhill, NS
B0M 1X0

Contact
Phone : (902) 597 8647
Fax: (902) 597-3955

ADDICTION SERVICES NEW GLASGOW

Objective To provide outpatient services to people suffering gambling problems.

Activities Through our outpatient services we offer individual counselling.

Hours of Operation

Mon - Fri: Open 8:30 am - 4:30 pm

Mon: Gamblers Therapy Group at 7:00 pm

Address
Aberdeen Professional Center
2nd Floor, South Wing
825 East River Road
New Glasgow, NS
B2H3S6

Contact
Phone: (902) 755-7017
Fax: (902) 928-0208

ADDICTION SERVICES TRURO

Objective To increase the health of problem gamblers and family and friends of problem gamblers within the Northern Region by reducing the harms of problem gambling.

Activities We have two detoxification units and outpatient appointments.

Hours of Operation

Mon - Fri: Open 8:30 am - 4:30 pm

Address

35 Commercial St.
Bank of Montreal 3rd Floor, Suite 304
Truro, NS B2N 3H9

Contact

Phone: (902) 893-5900
Fax: (902) 893-6283

(These organizations are independent of the Addiction Services program of the Northern Region)

HOPE FARM SOCIETY

Objective To give people with a triple addiction an opportunity to get relocated back into the community and to get them reunited with their families and previous employers. This facility is a transition house for men.

Activities We offer upgrading, computer, electrician, and life skills courses. We are also involved with the CORE program.

Hours of Operation

Mon - Sun: Open 24 hours a day

Tue: Life skills meetings are held at 6:30 pm

Address

401 Johnson Road
R.R. # 1 Stewiacke
Stewiake, NS
B0N 2J0

Contact

Phone: (902) 639-2599
Fax: (902) 639-2599
E-mail: marvin.turner @ns.sympatico.ca

Western Region
Organizations

	Full Time Counsellors	Dedicated 24 Hour Help Line	Daily Help Line	Problem Gambling Literature	Problem Gambling Video	GA Meetings	Gam-A-Non Family Assistance	Gov. Funded/Regionally Operated	Internet Services	Fax Systems	TTY Number	Youth Support Program
Addiction Services Barrington	★			★	★			★				
Addiction Services Clare	★			★	★			★				
Addiction Services Western Regional Health Board – Yarmouth Regional Hospital	★		★	★	★	★		★	★	★		
Bridgewater Addiction Services	★			★	★			★		★		★
Crosbie Centre	★	★	★	★	★			★	★	★		★
Digby Regional Hospital Addiction Services	★			★	★			★		★		
Fishermen's Memorial Hospital	★		★	★	★			★	★	★		★
Queen's General Hospital	★			★	★			★		★		
Roseway Hospital	★			★	★			★				
Soldier's Memorial Hospital	★			★	★			★				
Other Services in the Western Region (independent of WRHB Addiction Services Programs)												
New Vision Community Outreach Centre	★		★	★	★	★				★		★

FISHERMEN'S MEMORIAL HOSPITAL

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages. Primary Care (inpatient) offer a 3 day crisis intervention to problem gamblers as well as a 5 day educational program.

Hours of Operation

Mon - Fri: Community based open
8:30 am - 4:30 pm

Mon - Sun: Primary Care is offered 24 hours a day

Address
14 High St.
PO Box 1180
Lunenburg, NS
B0J 2C0

Contact
Phone: (902) 634-8801 Ext: 3228
Fax: (902) 634-7169
E-mail: ssddp@tallships.ca

ADDICTION SERVICES BARRINGTON

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community based open
8:30 am - 4:30 pm

Address
Box 130
Barrington Passage
NS B0W 1G0

Contact
Phone: (902) 637-1432

ADDICTION SERVICES CLARE

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community based open
8:30 am - 4:30 pm

Address
Church Point
Digby County, NS
B0W 1M0

Contact
Phone: (902) 769-3419

ADDICTION SERVICES WESTERN REGIONAL HEALTH BOARD

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community-based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages. Primary Care (inpatient) offer a 3-day crisis intervention to problem gamblers, as well as a 5-day educational program.

Hours of Operation

Mon - Fri: Community-based open
8:30 am - 4:30 pm

Mon - Sun: Primary Care is offered 24 hours a day

Address	Contact
Yarmouth	Phone: (902) 742-2406
Regional Hospital	(Community-based)
(Regional Office)	(902) 742-3541 Ext. 328
50 Vancouver St.	(Primary Care)
Yarmouth, NS	Fax: (902) 742-0684
B5A 2P5	E-mail: drugdep@auracom.com

BRIDGEWATER ADDICTION SERVICES

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community-based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community-based open
8:30 am - 4:30 pm

Address	Contact
99 High St.	Phone: (902) 543-7882
Provincial Building	Fax: (902) 543-0832
Bridgewater, NS	
B4V 1V8	

CROSBIE CENTRE

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community-based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages. Primary Care (inpatient) offer a 3-day crisis intervention to problem gamblers, as well as a 5-day educational program. We also offer a 28-day educational program to problem gamblers.

Hours of Operation

Mon - Fri: Community-based open
8:30 am - 4:00 pm

Mon - Sun: Primary Care is offered 24 hours a day

Tue: Gamblers Support groups are held
7:00 pm - 8:00 pm

For specific information on gambling/needs, please phone the problem gambling specialists at (902)678-7381.

Address	Contact
Valley Regional	Phone: (902) 678-7381 Ext. 1560
Hospital	Fax: (902) 679-1877
150 Exhibition St.	E-mail: crosbie@vrh.ns.ca
Kentville, NS	
B4N 5E3	

DIGBY REGIONAL HOSPITAL ADDICTION SERVICES

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community based open
8:30 am - 4:30 pm

Address
67 Warwick St.
Digby, NS
B0V 1A0

Contact
Phone: (902) 245-5888
Fax: (902) 245-1847

QUEEN'S GENERAL HOSPITAL

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community based open
8:30 am - 4:30 pm

Address
179 School St.
PO Box 1449
Liverpool, NS
B0T 1K0

Contact
Phone: (902) 354-3422
Fax: (902) 354-3171

ROSEWAY HOSPITAL

Objective To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community based open
8:30 am - 4:30 pm

Address
Sandy Point Road
PO Box 610
Shelburne County
NS B0T 1W0

Contact
Phone: (902) 875-3906
Fax: (902) 875-8645

SOLDIER'S MEMORIAL HOSPITAL

Objective: To promote healthy lifestyles by providing counselling, support, and prevention initiatives to individuals, families, and communities who are affected by addictions.

Activities: Community based (outpatient) counselling and support services offered to problem gamblers and others who are affected by problem gambling. Services offered to all ages.

Hours of Operation

Mon - Fri: Community based open 9:00 am - 5:00 pm

Address
Middleton, NS
B0N 2T0

Contact
Phone: (902) 825 6828
Fax: (902) 825 2791

(These organizations are independent of the Addiction Services program of the Western Region)

NEW VISION ADDICTION SERVICES SOCIETY COMMUNITY OUTREACH CENTRE

Objective: To provide information and group activities aimed at reducing problems associated with addictions.

Activities: We provide support groups, counselling, and community information and development programs. We also have a youth support program.

Hours of Operation

Mon - Fri: Open 9:00 am - 4:30 pm

Mon: Self esteem groups are held 10:00 am - 12:00 pm

Tue: GA meetings are held at 8:00 pm

Thu: Couple Power groups are held 7:00 pm - 9:00 pm

Address
124 Water Street
PO Box 1737
Digby, NS
B0V 1A0

Contact
Phone: (902) 245 2774
Fax: (902) 245 2077
E mail: newvision@klis.com

Alcohol and Gaming Authority

Dartmouth Office
5th Floor, Alderney Gate
P.O. Box 545, 40 Alderney Dr.
Dartmouth, Nova Scotia
B2Y 3Y8

Telephone: (902) 424 6160
Fax: (902) 424 4942

Sydney Office
235 Townsend Street
Sydney, Nova Scotia
B1P 5E7

Telephone: (902) 563 3495
Fax: (902) 563 3430

Romancing *the Odds*

A unique video on problem gambling

Call today to order this FREE video designed primarily for clinicians, educators, families, and friends of problem gamblers.

"Romancing the Odds" shows you what you never see on brightly coloured promotional bill boards and television commercials that promote gambling. It's about people who gamble out of desperation – a compulsion to win against all reasonable odds.

Featuring nationally renowned comedienne Bette MacDonald, this video places us inside the gambler's head, helping us understand problem gambling and the associated irrational drives and feelings. You will learn about the suffering of problem gamblers, and of those around them as they strive to regain their dignity, their lives, and their families.

The message is one of hope of how this treatable disorder can be overcome.

To order this insightful video call:

1-888-347-8888
1-888-347-3331 (TTY)

E-mail: www.gov.ns.ca/heal/gambling

Or write: Problem Gambling Services
PO Box 488
Halifax, Nova Scotia B3J 2R8

NOVA SCOTIA
Alcohol and Gaming Authority

PAUL CASHMAN

Objective To provide psychotherapy/counseling services to individuals with addictions

Activities We offer individual and group counseling, education in addictions, and addiction assessment services.

Hours of Operation
Mon - Fri: Open 9:00 am - 8:00 pm

Address
1649 Barrington St.
4th Fl.
Halifax, NS
B3J 1Z9

Contact
Phone: (902) 452-3556

SPERRY COUNSELLING & CONSULTING

Objective To provide professional, quality services to problem gamblers, families and the general public in NS.

Activities We offer individual, group and family counselling to those affected by gambling.

We offer the following activities for Professional Development:

- Gambling addiction training & credentialing to become a Certified Gambling Counsellor
- Customized Problem Gambling Workshops
- Lunch & Learn theater production workshops for companies (private & public sector)
- Various research and personal materials *"Chasing Your Losses: Understanding Gambling Addiction"* - Written by: Elizabeth Sperry and Norman Bennett

Hours of Operation
Mon - Fri: Open 9:00 am - 9:00 pm

Address
Suite 100 - 131
Sunnyside Place
1600 Bedford Highway
Bedford, NS
B4A 1E8

Contact
Phone: (902) 835-0069
Fax: (902) 835-0069